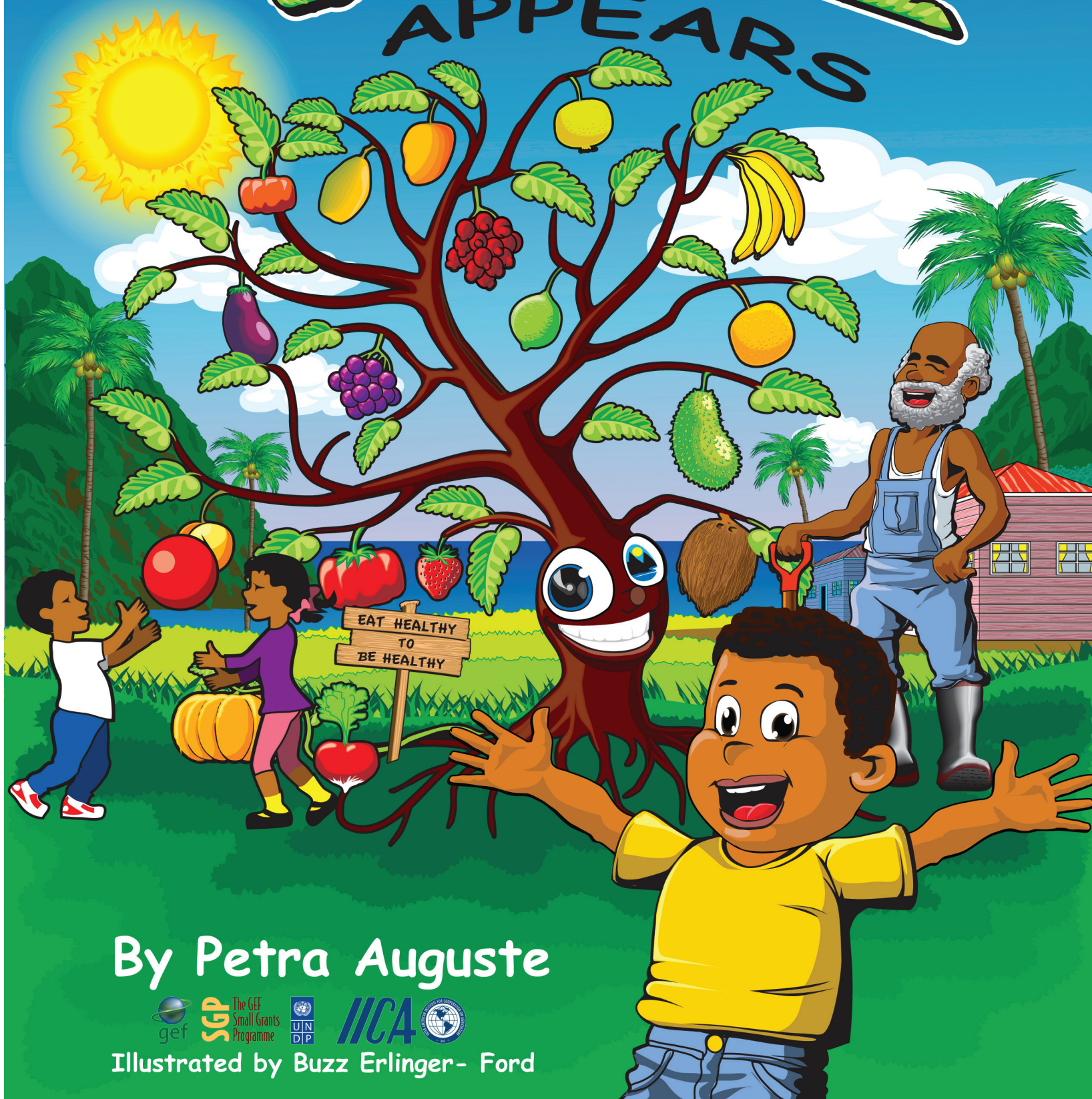


# GREEN TREE APPEARS



By Petra Auguste



SGP  
The GEF  
Small Grants  
Programme



IICA



Illustrated by Buzz Erlinger- Ford



By Petra Auguste

Illustrated by Buzz Erlinger-Ford



All material contained in this book, both written and illustrated is the property of Divine Orchards, Inc. and any reproduction or reprinting without permission is expressly forbidden.

All rights reserved.

## *Preface*

Petra Auguste and the Saint Lucia Network of Rural Women Producers must be complimented for this initiative for three reasons. First, the book focuses our attention on the health of the most precious jewels in our life, i.e., our children. Second, it directs attention to the quality of food our children eat and their health; and third, it creates a strong link between Food Quality and Environmental Quality.

We endorse this publication for learning by our children and hope it contributes to the revolution we need in our food production chain - from the soil to the table.

A healthy environment ensures the highest food quality for present and future generations.

GEF SGP UNDP

Saint Lucia

Funded by



SGP The GEF  
Small Grants  
Programme



With technical input from

The Inter American Institute for Corporation on Agriculture







**This Divine Orchards book belongs to:**

**NAME**-----

**And I attend**

**SCHOOL** \_\_\_\_\_

**GRADE** \_\_\_\_\_

This book is dedicated to  
the children of the World

"EAT  
HEALTHY  
TO BE  
HEALTHY."





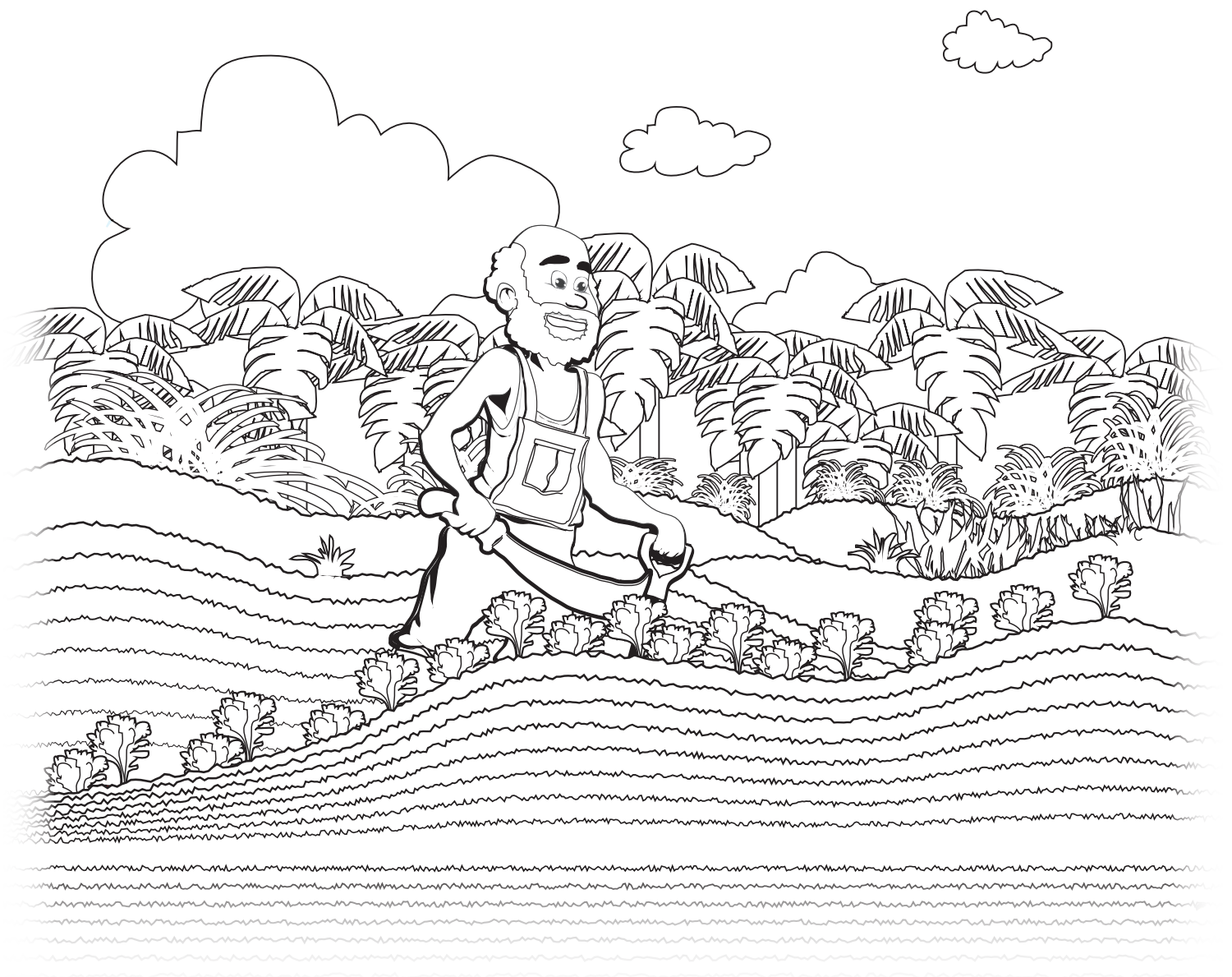
Farmer Floyd visited his farm on a bright Saturday morning. A gentle breeze was blowing and the sun was just rising over the hills.







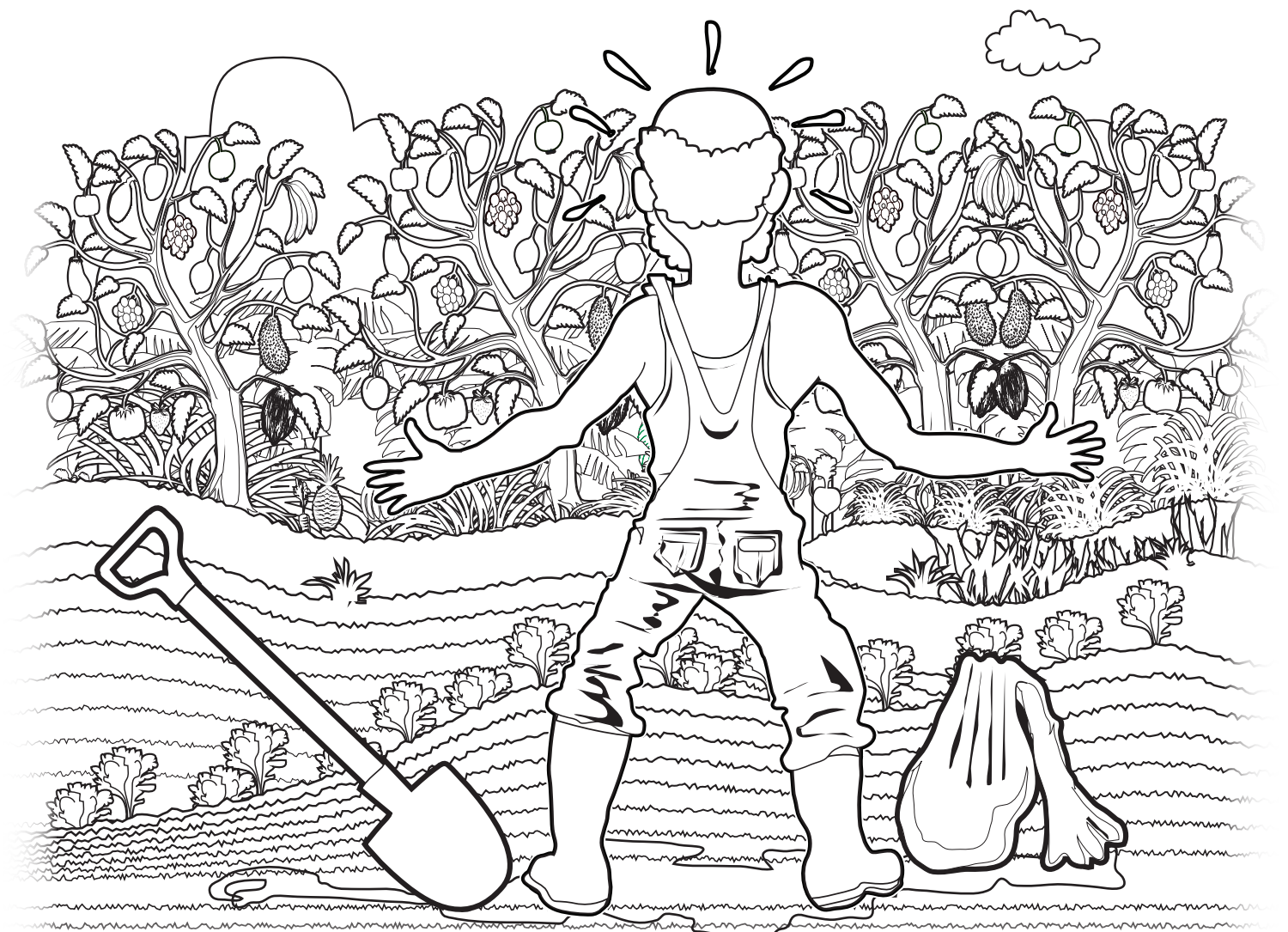
He had planted his crops some time before and was very excited about tending to them and harvesting those that were ready.







To the Farmer's surprise, as he set foot on the land, he saw hundreds of trees with all kinds of fruits and vegetables..



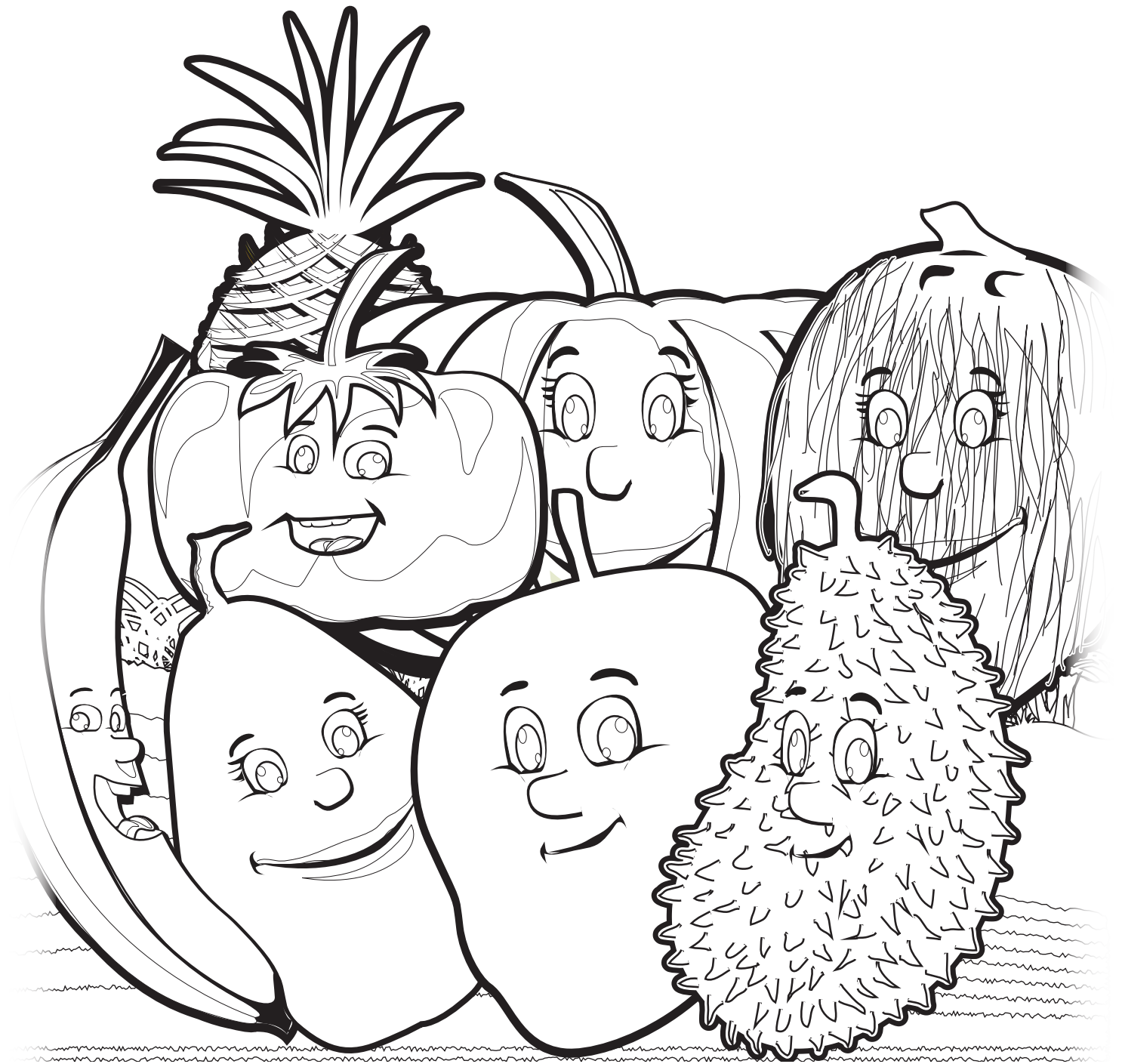
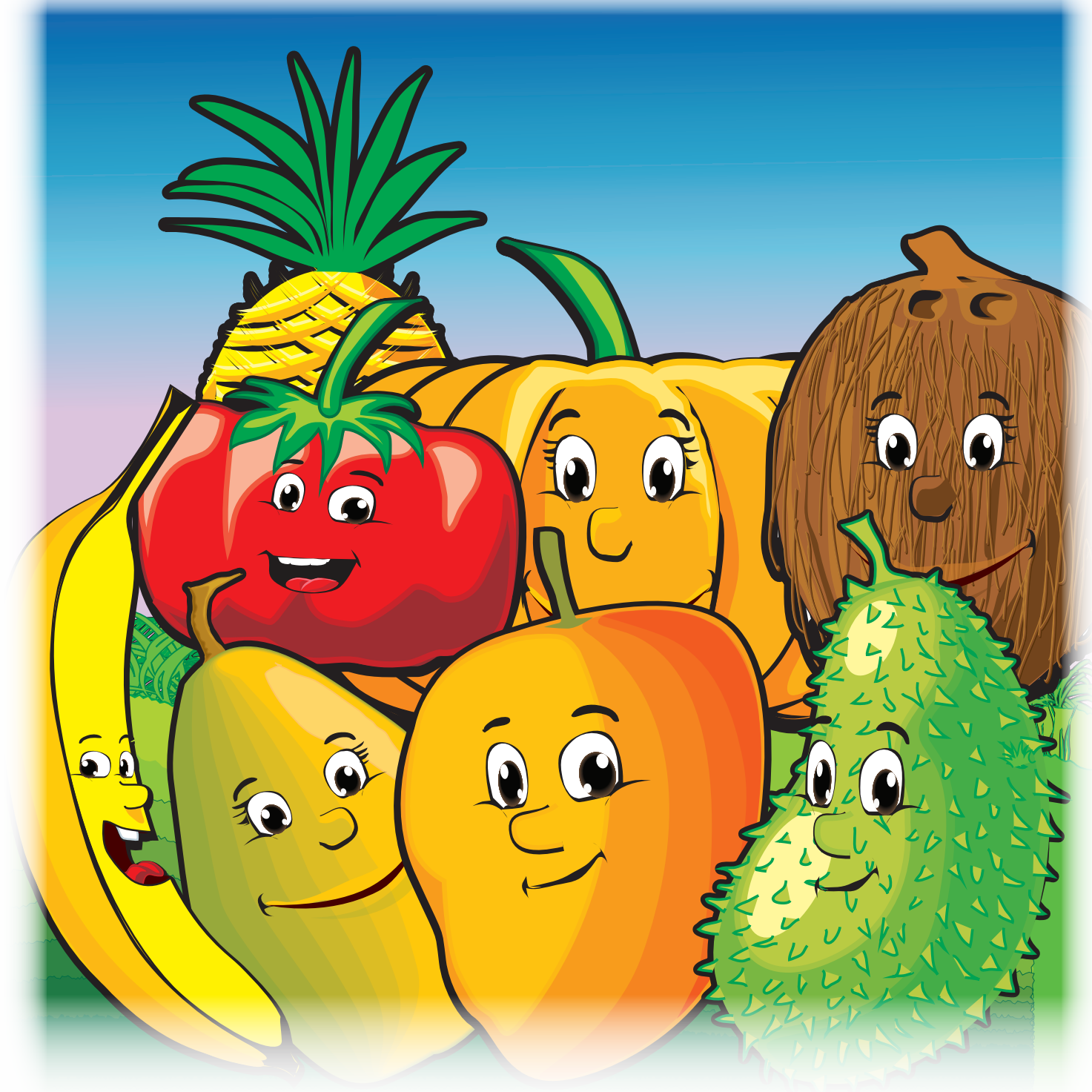




Chief Tree spoke in a loud but kind voice. "Farmer Floyd, do not be afraid. My family and I have come to save the boys and girls of your country."  
Farmer Floyd answered in a trembling voice, "I am not afraid and I welcome you to my land."







Chief Tree introduced the farmer to some members of his family. There was: Bobby Banana, Gertrude Golden apple, Marla mango, Simon soursop, Paula pumpkin, Connie Coconut, Terry Tomato and many other brothers, sisters and cousins.





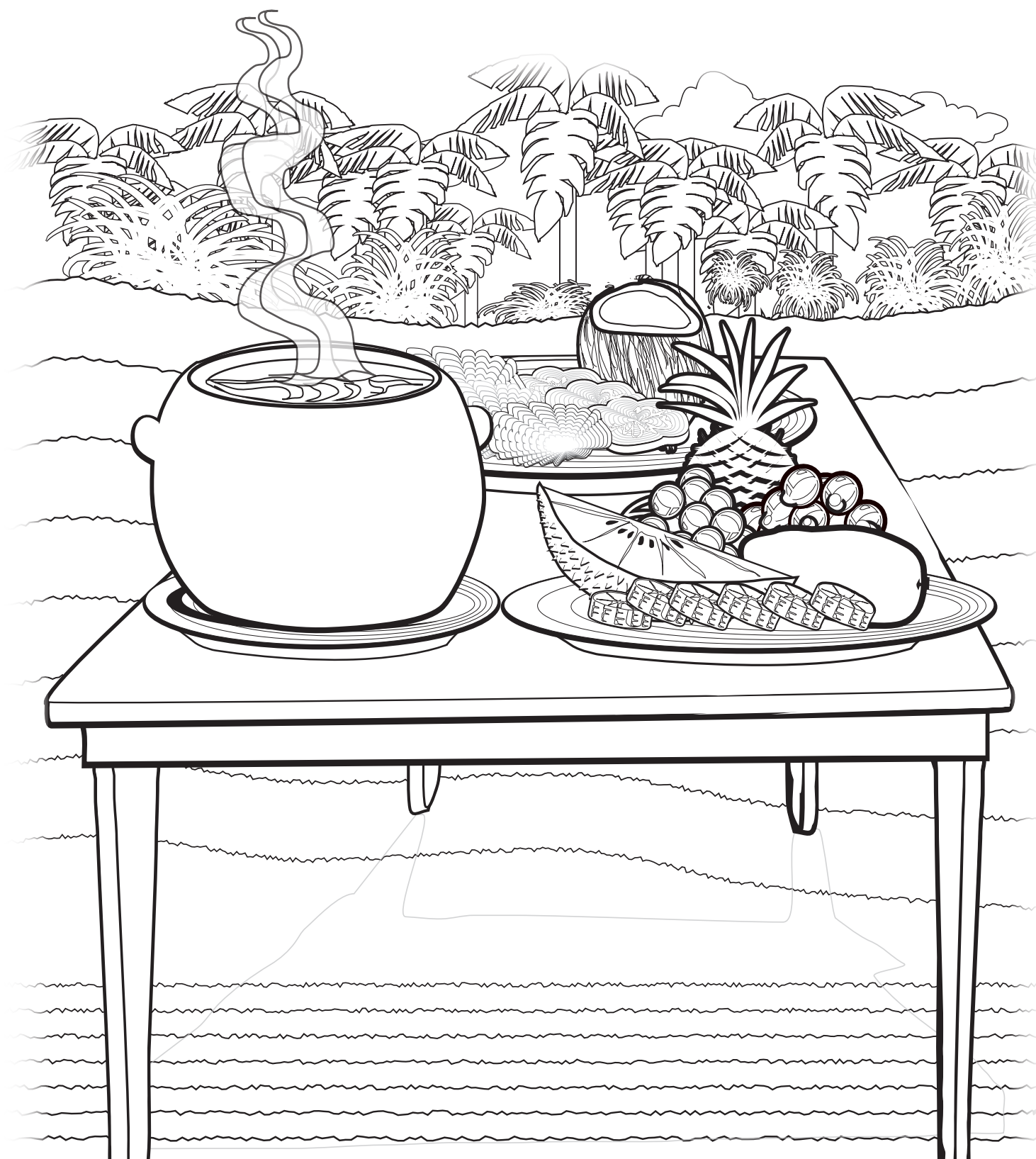
"Let's have some food together "said Chief Tree." I will teach you and all the families of your nation how you can all prepare delicious food"



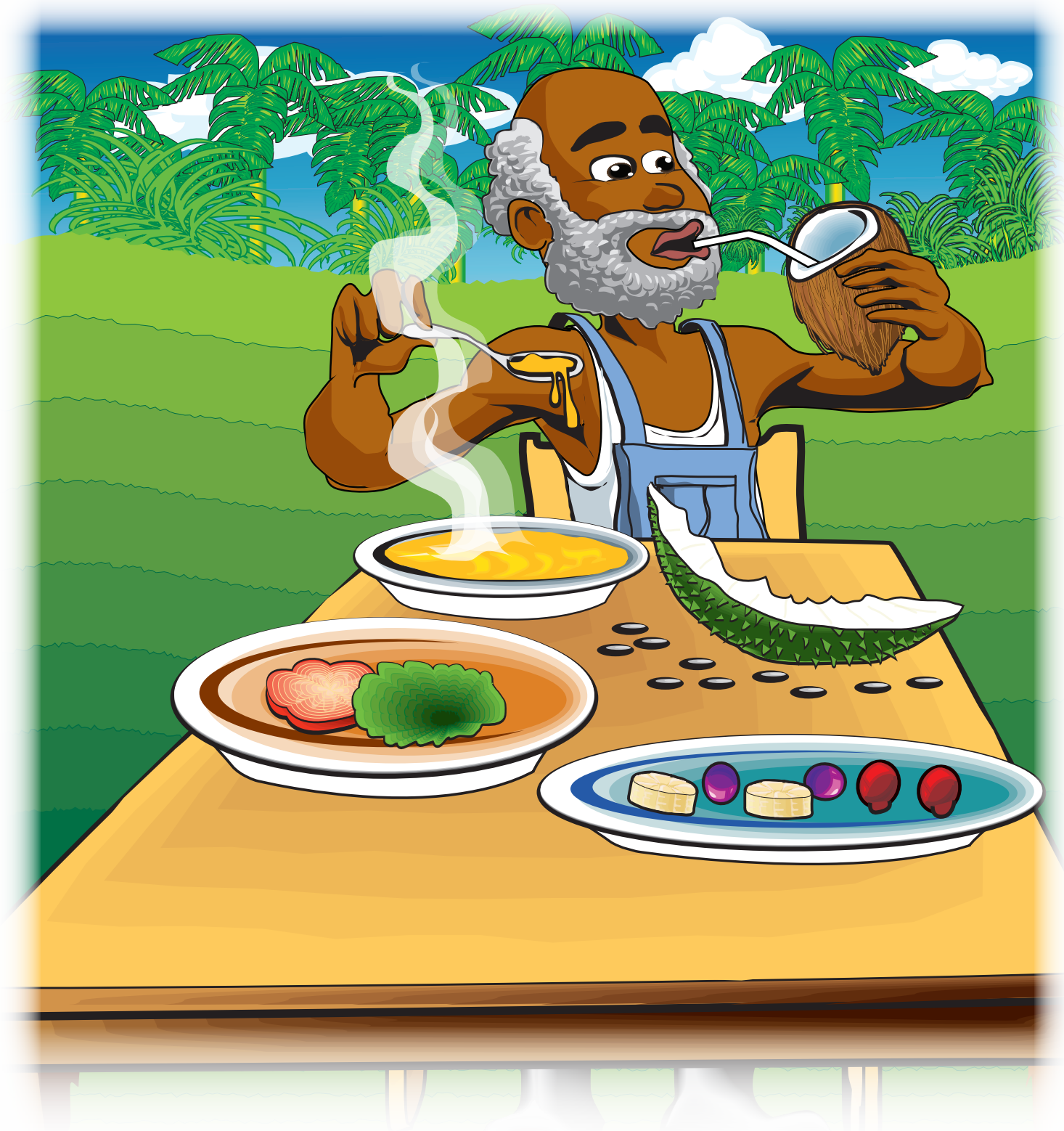




Farmer Floyd sat down with Chief Tree and his family. They ate from many of the fruit trees, drank delicious coconut water and enjoyed a sumptuous pumpkin soup.







Farmer Floyd spent the whole day with Chief Tree and his family and learnt how to eat healthy.





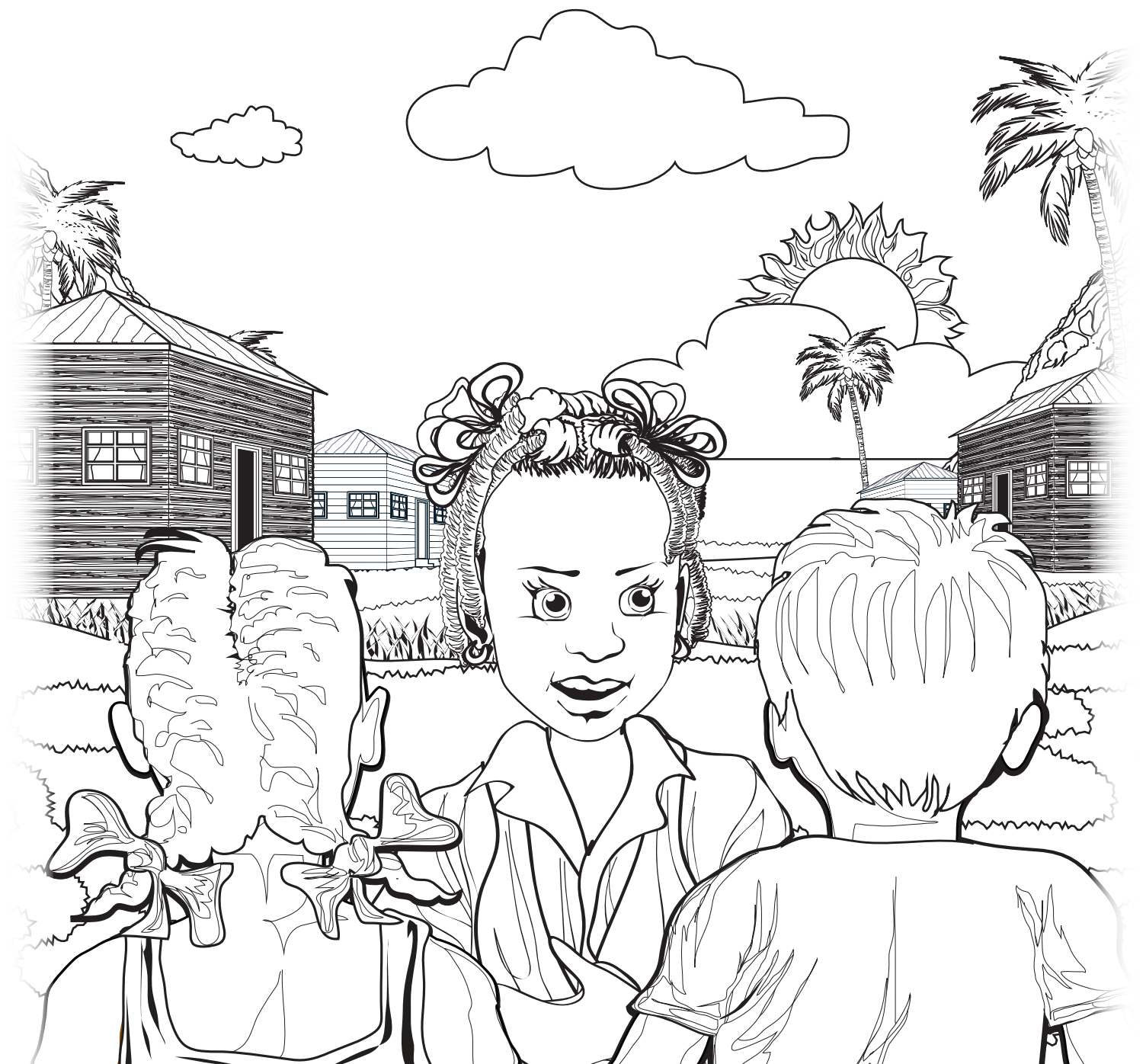
On his return from the farm, Farmer Floyd taught all the boys and girls in his neighborhood, how they could grow strong and healthy by eating the right foods.







"Now" said little Layla, I wonder how we could get our parents, grandparents, aunties and uncles to eat healthy with us?"







"I know, I know" said Tonya. "We can take them to the market and show them which fruits and vegetables we really enjoy and would like to take to school in our lunch bags."







"Yes " said Nyhanna, " and to help us to keep eating healthy, we could also....."





Eating  
healthy  
makes you

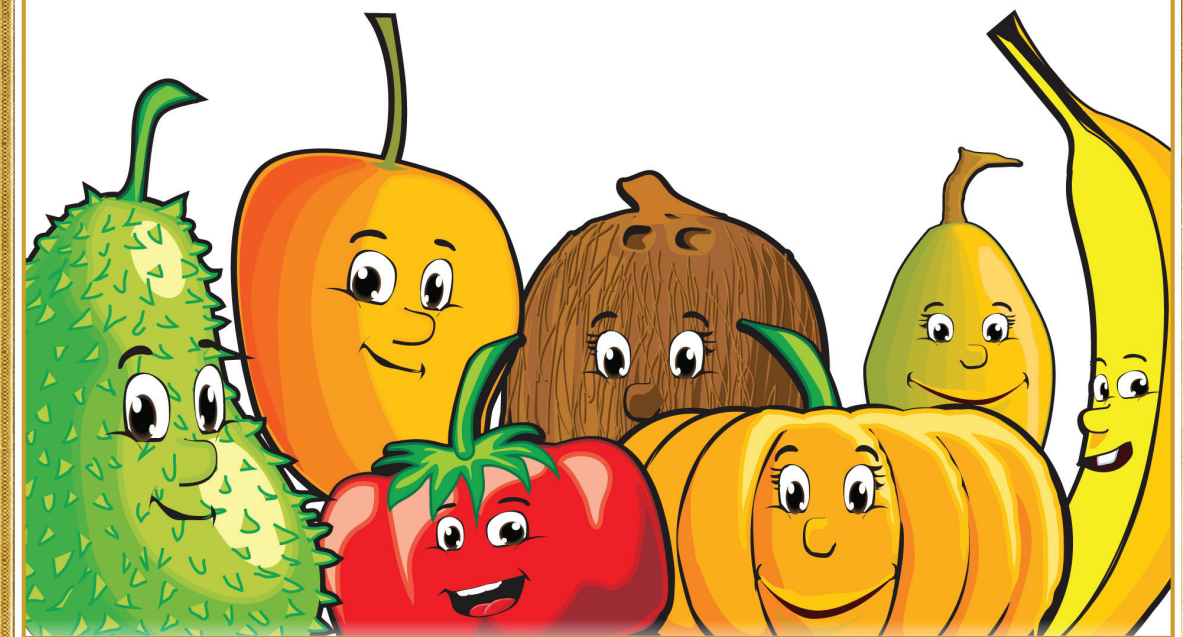


and



My name is

and I promise that  
I will eat healthy  
to be healthy





[illegible]

Ms Auguste is the mother of one son and holds a Bachelor's degree in Educational Administration from the University of the West Indies Cavehill Campus. She is also the CEO of Divine Orchards Inc.





# About the Book

Saint Lucia has had the unfortunate reputation of having very high incidence of diabetes and other non-communicable, diet and lifestyle related disorders.

In an effort to mitigate these occurrences, the author felt that a sustainable way of addressing this issue is to empower our population with knowledge, beginning with our youngest and most vulnerable.

## Vision

To this end the character “Chief Tree” was created to sensitize, teach, encourage and motivate our children to eat healthy. It is our hope that beginning today with our youngest citizens, a nation of healthier and more productive men and women will emerge in the future.

Happy reading ...

## Mission

Eat healthy to  
be healthy

